STAYING HEALTHY AT SCHOOL
It's time to go back to my school!
I will get to play with my friends!
I've missed my teachers! I can't wait to see them!
I will be doing some new things to stay safe from the Coronavirus!
I will wash my hands as soon as we get to school. If they come inside, my parents will wash their hands too!
My family may wear masks when they drop me off. I might even wear a mask. Sometimes I might not like my mask!
My teachers will also be wearing masks.
I will be staying in my own classrooms instead of visiting other spaces in our school.
I might miss my friends from other classrooms but I can draw pictures and write letters to them.
Hugging and touching our friends might spread germs. I can do other things to show how much we love our friends like:

**Telling them!**

**Drawing them a picture.**

**Signing "I love you!"**
I can help by washing my hands... A LOT!
I can also help by coughing and sneezing into a tissue or my elbow...

...and then washing my hands.
I will need to tell my teacher if I feel hot or sick.

She will call a parent to come and pick me up if I'm sick.
My day has some new routines and rules. It might make me feel different emotions.
It's ok to feel whatever feelings I am feeling.

I can name lots of my emotions. It's even ok if I don't know the name of my emotions!
I can talk about my feelings to my teachers or my parents.

Or all of them!
How happy I will be to be back at school!
Child Care Resources is a 501(c)(3) nonprofit. Our mission is to help kids grow into successful adults by enriching the learning environment of their crucial early years.

Learn more about us, and find resources for child care providers and families during COVID-19 at CHILDCARERESOURCES.ORG