

# Special Considerations

## When Working with Infants and Toddlers



It is important to continue to hold infants and toddlers while providing care such as feeding and diapering. Infants and toddlers also need continued comfort and reassurance from caregivers by being held and cuddled. To protect child and caregiver health, please follow the following recommendations when feasible:



Wear a long-sleeved, button-down, over-sized shirt over clothing.  
Change overshirt when it becomes contaminated with bodily fluids such as tear, saliva, and mucus.



Wear hair up (in a bun or ponytail) or tied back for ease of cleaning and to avoid contamination with children's bodily fluids such as tears, saliva, and mucus.



Change children's clothing whenever they become contaminated with bodily fluids such as tears, saliva, and mucus.



Wash hands before holding a child and again afterwards; including washing anywhere the child's bodily fluids (such as tears, saliva, and mucus) may have touched (such as the neck).

For further information please consult the [Caring for Infants and Toddlers](#) section of the *CDC Guidance for Child Care Programs that Remain Open*

Please check your local municipal and county health directives for additional guidance.